

# EMKEY ARTHRITIS AND OSTEOPOROSIS CLINIC

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## SYSTEMS REVIEW

Patient Name \_\_\_\_\_

Date \_\_\_\_\_

### CONSTITUTIONAL

- Recent weight gain \_\_\_\_\_ lbs
- Recent weight loss \_\_\_\_\_ lbs
- Fatigue
- Night sweats
- Changes in appetite

### EYES

- Pain
- Redness
- Loss of vision
- Double blurred vision
- Dryness
- Feels like object in eye
- Itchy eyes

### EARS/NOSE/ THROAT/ MOUTH

- Ringing in ears
- Loss of hearing
- Nosebleeds
- Loss of smell
- Tongue pain
- Jaw pain with chewing
- Bleeding gums
- Sores in mouth
- Dry mouth
- Frequent sore throats
- Hoarseness of voice
- Difficulty swallowing

### CARDIOVASCULAR

- Chest pain
- Irregular heart rate
- Sudden change in heartbeat
- High blood pressure
- Heart murmurs
- Swollen legs or feet
- Color change in hands/feet in cold

### ENDOCRINE

- Excessive thirst

### MUSCULOSKELETAL

- Morning stiffness lasting how long? \_
- Joint pain
- Muscle weakness
- Muscle tenderness
- Joint swelling

### GASTROINTESTINAL

- Nausea
- Vomiting
- Stomach pain relieved with food
- Jaundice
- Increasing constipation
- Persistent diarrhea
- Blood in stools
- Heartburn

### GENITOURINARY

- Difficulty urinating
- Pain or burning on urination
- Blood in urine
- Cloudy urine
- Pus in urine
- Discharge from penis/vagina
- Frequent nighttime urination
- Rash or ulcers
- Sexual difficulties

### INTEGUMENTARY (skin/breast)

- Easy bruising
- Redness
- Rash
- Hives
- Sun sensitivity
- Tightness of skin
- Nodules/ bumps
- Hair loss
- Changes to nails

### FOR WOMEN ONLY

- Age of onset of period \_\_\_\_\_
- Periods regular? \_\_\_\_\_
- Every how many days? \_\_\_\_\_
- Date of last period? \_\_\_\_\_
- Date of last PAP? \_\_\_\_\_
- Bleeding after menopause? \_\_\_\_\_
- # pregnancies \_\_\_ # Miscarriages \_\_\_

### NEUROLOGICAL

- Headaches
- Dizziness
- Fainting
- Muscle Spasms
- Loss of consciousness
- Numbness/tingling hand or feet
- Memory loss

### PSYCHIATRIC

- Excessive worry
- Anxiety
- Depression
- Difficulty falling asleep
- Difficulty staying asleep

### RESPIRATORY

- Shortness of breath
- Difficulty breathing at night
- Cough
- Coughing up blood
- Wheezing

### HEMATOLOGY/LYMPHATIC

- Swollen glands
- Tender glands
- Bleeding tendency
- Transfusion date \_\_\_\_\_

Physician's Initial's \_\_\_\_\_